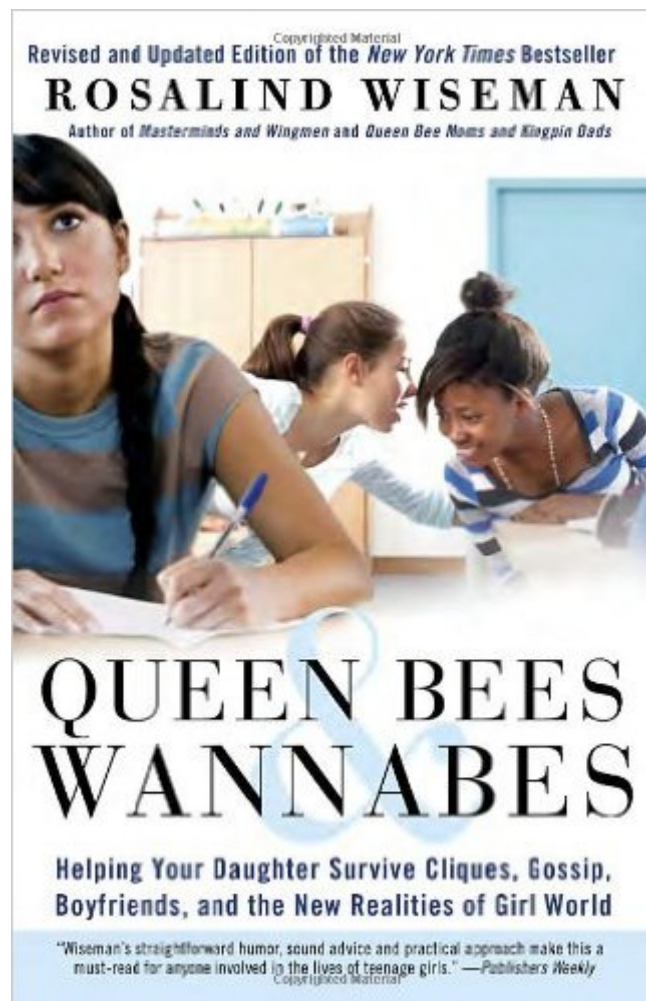


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# Queen Bees And Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, And The New Realities Of Girl World



## Synopsis

When Rosalind Wiseman first published *Queen Bees & Wannabes*, she fundamentally changed the way adults look at girls' friendships and conflicts—from how they choose their best friends, how they express their anger, their boundaries with boys, and their relationships with parents. Wiseman showed how girls of every background are profoundly influenced by their interactions with one another. Now, Wiseman has revised and updated her groundbreaking book for a new generation of girls and explores:

- How girls' experiences before adolescence impact their teen years, future relationships, and overall success
- The different roles girls play in and outside of cliques as Queen Bees, Targets, and Bystanders, and how this defines how they and others are treated
- Girls' power plays—from fake apologies to fights over IM and text messages
- Where boys fit into the equation of girl conflicts and how you can help your daughter better hold her own with the opposite sex
- Checking your baggage—recognizing how your experiences impact the way you parent, and how to be sanely involved in your daughter's difficult, yet common social conflicts

Packed with insights about technology's impact on Girl World and enlivened with the experiences of girls, boys, and parents, the book that inspired the hit movie *Mean Girls* offers concrete strategies to help you empower your daughter to be socially competent and treat herself with dignity.

## Book Information

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## Customer Reviews

Two paragraphs of disclosure will make my review more meaningful. I was a happy, well-adjusted 5th and 6th grader. New to my elementary school in the 5th grade, I quickly and easily found a best

friend + nice group of friends. Then the following year in junior high, two "queen bees" came along and decided they wanted the same group of friends, best friend and all--without me in it. They invited the other girls to a sleepover party right in front of me, and suddenly I was friendless. Devastated, I came home that day sobbing, to parents who had no idea what to do except to send me to a psychiatrist, which did no good at all. My "lunch tray moments" consisted of going from table to table, trying to sit down, and kids telling me I wasn't welcome to sit with them, and then eating by myself in the detention room, the only place that would have me. My "gym class moments" consisted of being the girl left over when the last team captain chose the second-to-last girl, and then the other team captain declaring she never picked me and that I was not on her team. I adapted first making friends with the neighborhood dogs who all accepted me with love and dignity, and then by getting involved with out-of-school activities and making lots of friends outside of school. By 10th grade, I had friends at school again. It is with this background that I read "Queen Bees and Wanna Bees"--the book I wish had been around in the 1970s when I suffered the trauma of being a target. I am appalled that these dynamics continue to this day, and that targets have it WORSE than I did. When I got home, the bullying stopped, and I was free to do my homework, not to be bullied until bright and early the next day. Now the bullying of targets is CONSTANT, via Facebook, email, text message, etc.

The roles within the clique were interesting, and somewhat accurate, but the book assumes that every girl fits neatly into one of them, when this is often not the case. Some girls are not in the clique, but not a target, either. Others may be friends with multiple groups and play different roles in each one. The teenage social scene is just not as clearcut as the book makes it out to be. The first issue that I had with this book was with the "quotes" from teenaged girls. I'll just come out and say that I don't buy that they're authentic. Teenage girls don't talk this way. I got the impression that a lot of the quotes were either heavily edited to fit the points Wiseman wanted to make or fabricated altogether. The next problem I had was with the shockingly bad advice given. Wiseman advises that girls being shut out or bullied should handle the teasing like mature adults by directly addressing it, telling the mean girl it hurts their feelings and they want it to stop, and then "affirming" the teaser and their relationship. Like someone else said, the mean girls would have a field day with this. They'd think it was hilarious and it would just lead to more humiliation for the target. For example, she encourages the target to approach the mean girl and say, "Hi, there's something I really need to talk to you about. Can you meet me during study hall in the library at 11:00?" In her scenario, the mean girl actually agrees, and the target proceeds to have a private meeting where she tells the girl

she wants her to stop teasing her, saying things like, "[Teasing] really hurts me. I wanted it stopped. I don't know why you don't like me. I would like us to be civil to each other and respect each other.

I first read this book as a younger teen and now am reading it again at the age of 19 to see if my opinions have changed. After watching Mean Girls and hearing about this book that was the basis for the movie I was immediately interested simply because the movie was hilarious and quite dramatic. At the time i had no idea that it was a guide for parents. Upon buying the book and finding this out, I felt like I was getting the inside scoop on what parents are thinking when they communicate and deal with their adolescents. I must say, the book is shocking. As a girl who has been living in Jamaica my entire life except for the two years i lived in Canada (at an age too young to compare to situations in the book), I have never really experienced any such horrid situations, and I have attended a public high school as well as a private high school. My friends and I often have conversations in which we express how baffled we are at the behaviour and thoughts of American girls. Based on images of American girls we are presented with in the media and books like these we are amazed at how mean, insecure, self destructive, lost, and/or weak these girls seem to be. This book can neither be applied to my own life nor the lives of any girl I know in Jamaica. We read about or see these situations on TV and go "What?! these girls are crazy!!". I'm not saying this is the opinion of all Jamaican girls and I am not saying all American girls are like this, but I can definitely speak for all the girls I know who live here (excluding perhaps the girls at the American International School of Kingston because in my experience they are quite Americanized and cannot be considered as average Jamaican girls).

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